

MMA BELT



«More than a Sport, an Art of living»

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The International Mixed Martial Arts Federation, offers to all MMA practitioners worldwide, silicone straps to symbolize their technical level. Indeed, like other martial arts, equipped with a system of technical progression, sanctioned by grades of color.



These grades have an international color code, but are customized to each country, by the presence of the national logo validated by IMMMAF. Only the national federations recognized by IMMMAF are able to acquire these wrist bands. Other organizations, clubs, fighters, practitioners will have to mandatorily provide to their national federations.



The official launch of technical progression and grades will take place in November 2017 at the next amateur world championships in Manama, Bahrain. You can, nevertheless already order your bracelets of grade through your federations.

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GRADES	MINIMUM TIME
	White : 1 year
	White/yellow : 6 months
	Yellow : 1 year
	Yellow/orange : 6 months
	Orange : 1 year
	Orange/green : 6 months
	Green : 1 year
	Green/blue : 6 months
	Blue : 1 year
	Blue/ purple : 6 months
	Purple : 1 year
	Brown : 1 year



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GRADES	MINIMUM TIME
	Black 3 years
	Black first Dan 3 years
	Black second Dan 4 years
	Black third Dan 4 years
	Black fourth Dan 5 years
	Black fifth Dan 6 years
	Black sixth and seventh Dan 7 years
	Black eighth, ninth and tenth Dan 7 years















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WORLD CHAMPION	
 	1 Time
 	2 Times
 	3 Times
CONTINENTAL CHAMPION	
 	1 Time
 	2 Times
 	3 Times

